The principal

Holy Cross College

Agartala.

Subject: Approval for conducting a visit to Modern Psychiatric Hospital Narsinghon 4th Oct 2024

Respected Father,

We the department of Psychology wants to conduct an educational trip to Modern Psychiatric Hospital with our 1st semester and 2nd semester students on 3rd of October 2024. keeping in view that 10th October is celebrated as World Mental Health Day and the month of October is entitled Mental Health month

During the visit, our students will have the opportunity to observe the hospital's counseling unit, interact with mental health professionals, and explore the innovative "Tele-Manash" facility, which offers a unique perspective on mental health services through technology.

We believe this trip will offer invaluable experiential learning, enriching their theoretical understanding with real-world application in the field of psychology.

We kindly request your permission to conduct this visit, which will greatly benefit the students' educational experience.

Thanking you in anticipation.

Approved

HOLY CROSS COLLEGE

Debanjana Mukherjee

HOD

Department of Psychology

Holy Cross College, Agartala

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The HoD Modern Psychiatric Hospital West Tripura Agartala

Subject: Request for Visit.

Respected Sir/Madam,

Greetings from Holy Cross College, Agartala.

On behalf of the Department of Social Work and Psychology, Holy Cross College, Agartala, we seek your permission for our students to visit the Modern Psychiatric Hospital, Narsingarh, West Tripura, on the 4th October, 2024 at 09:30am. The purpose of this visit is to provide our students with firsthand exposure.

This visit will be invaluable in helping the students gain a better understanding of the operations, purpose, and services provided, thereby enhancing their knowledge and practical skills in the field of social work and Psychology.

We believe this experience will greatly contribute to the students' academic and professional development, allowing them to apply their classroom learning to real-world social settings.

We kindly seek your approval for the visit and orientation, and we look forward to a positive response. Thank you for your consideration.

Warm Regards

Dr. Fr. Benny K! J ohn C

Principal Holy Cross College, Agartala.

> PRINCIPAL HOLY CROSS COLLEGE AGARTALA

Psychology Department Report Holy Cross College, Agartala

Date:- 4/10/2024

Title: Observational visit to Modern psychiatric hospital, Narsingarh, Agartala.

The psychology Department of Holycross College organized an observational visit to modern psychiatric hospital located in Narsingarh, Agartala on 4/10/2024. The purpose of visiting was to provide us the experience and exposure to the functioning of a psychiatric hospital, strengthening our understanding towards mental health care and treatment. During the visit, our department of 24 students and 4 faculty members observes that the hospital has well- maintained wards, consultation rooms, and recreational areas for patients. The hospital staff demonstrated compassion and professionalism in attending to patients' needs. This visit enabled us to understand the importance of holistic care in mental health treatment.

The observation visit to modern psychiatric Hospital was an enriching experience for our department. We acknowledge the hospital's commitment to providing quality mental health care and appreciate the opportunity to learn from their expertise.

Elami Debbarma Bindhiya Debbarma Student of psychology department.



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